Responses to Key Attributes (ByLaw E4(b)(iii))

Professional integrity

My career has been guided by ethical leadership and accountability. As General Manager at Richmond Wellbeing, I held responsibility for compliance and oversight across multiple programs, ensuring services were delivered in alignment with regulatory and contractual requirements. My role as an AHPRA Board Member reinforces my understanding of governance, ethics, and professional accountability.

Cultural awareness and humility

As someone from a CaLD background, I bring lived insight into cultural barriers that affect both practitioners and clients. My consultancy, Lived Experience Solutions (LEXs), has trained organisations to embed cultural humility into practice. I actively contribute to advisory groups, including Suicide Prevention Australia's WA and national committees, ensuring that CaLD perspectives are integrated into policy and system transformation.

Critical thinking

I have demonstrated critical thinking through my academic work, including my PhD research on lived-experience leadership. My MBA and governance experience have also strengthened my ability to analyse complex proposals, assess risk, and make sound decisions in high-stakes contexts.

Communicate constructively

I am an active public speaker and writer, regularly contributing at conferences and through my role as Writer-in-Residence for the ALIVE National Centre. On LinkedIn, I engage over 4,000 followers with respectful, thoughtful dialogue on mental health, diversity, and leadership. My communication style is grounded in empathy, diplomacy, and clarity.

Focus strategically

I have led multi-million-dollar service portfolios and overseen governance frameworks at both Richmond Wellbeing and Uniting WA, requiring alignment of day-to-day operations with long-term strategic objectives. On state and national advisory groups, I contribute to setting priorities that balance immediate needs with systemic transformation.

Collaborate in the best interests of the Association

Collaboration has defined my professional practice. Whether in boardrooms, advisory panels, or community settings, I work inclusively, valuing diverse perspectives. My leadership style is participatory, ensuring that decisions are not only sound but also collectively owned. I would bring the same collaborative approach to working with fellow Directors for the benefit of AASW and its members.