

# Dr Andrew J. Richardson

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## Professional Profile

Experienced social worker, educator and consultant with over 20 years in health, social care and higher education across Australia and the UK. Skilled in mental health, adult social work, community development, psychotherapy and reflective practice. A published researcher and qualified psychodynamic psychotherapist with a strong commitment to social justice, professional ethics and culturally responsive practice. Currently working in higher education in the Northern Territory.

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## Core Skills & Competencies

### Higher Education & Teaching

- Senior Lecturer and BSW Course Coordinator, Charles Darwin University — responsible for course leadership, teaching, curriculum development, student supervision, and academic quality.
- Former Head of Division at LSBU; led teaching and academic programs across BA and MA Social Work.
- Expertise in relationship-based practice, advocacy, reflective practice and mental health.

### Social Work & Mental Health Practice

- Extensive experience in frontline social work, adult mental health, counselling and therapeutic services across diverse contexts.
- Skilled in psychosocial assessment and interdisciplinary collaboration.
- Demonstrated courage and independence in clinical, academic, and leadership settings; consistently prioritises the profession's integrity over personal or political interests.

### Cultural Awareness & Inclusive Practice

- Experience working across diverse communities in urban, regional and remote contexts including the NT, London and South Asia.
- Deep understanding of culturally safe practice; integrates anti-oppressive, trauma-informed and participatory approaches in teaching and service delivery.

### Critical Thinking & Research

- Published author in peer-reviewed journals; skilled in qualitative research, policy analysis, and reflective practice.
- Designed and led evidence-based service developments and academic curricula.

### Collaborative Leadership

- Demonstrated track record in team leadership, stakeholder engagement and co-production with service users.
- Builds inclusive teams and professional communities of practice.

### **Communication & Influence**

- Published academic, keynote speaker and skilled facilitator of reflective and professional learning spaces.
  - Diplomatically engages diverse audiences — from students to executives — with clarity, empathy and impact.
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### **Selected Roles & Appointments**

- **BSW Course Coordinator & Senior Lecturer**, Charles Darwin University (2024–present)
  - **Team Leader**, Student Counselling Service, Charles Darwin University (2024)
  - **President**, AASW Northern Territory Branch (2023–present))
  - **Head of Division / Senior Lecturer**, LSBU (2019–2023)
  - **Director**, Psychotherapy consultancy (2015–2023)
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### **Education & Credentials**

- **Doctorate in Social Work**, Tavistock & Portman NHS Foundation Trust / UEL
  - **BSW & BA**, University of Melbourne
  - **Psychodynamic Psychotherapy Training**, Society of Analytical Psychology, London
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### **Memberships & Fellowships**

- Member, **AASW**
- Fellow, **Royal Society of Arts (FRSA)**
- Senior Fellow, **Higher Education Academy (SFHEA)**
- Fellow, **Royal Society of Public Health (FRSPH)**